

Naturopathic Medicine Cancer Care

Naturopathic Doctors who treat patients with cancer will care for the patient and integrate all aspects of their health care by integrating effective natural therapies, food, spirituality and emotional health with any medical interventions and drugs. There are pockets of medical care in North America and beyond that already integrate Naturopathic Medicine and Conventional Medical treatments with improved results to the patient. Naturopathic medicine offers beneficial strategies to the patient with the cancer and often improves quality of life. We do not claim to cure cancer. The cancer developed because there were a number of predisposing factors in that person's health history to develop cancer. Unless these factors are addressed the cancer will most likely return even after conventional medical treatments. I have seen Naturopathic Medicine make a noticeable improvement in most cases especially when combined with conventional medical treatment.

Licensed Naturopathic Doctors are trained to support the immune system in many effective ways. Patients do not have the qualifications to direct and change the approach to the therapy. Do not self treat. There are many interactions between drugs and natural medicines and you could be negating the effect the doctors are making on your cancer. Even "melatonin" is contraindicated in certain cancers. Naturopathic Doctors are well versed in Natural medicines and can direct a well thought out plan whether or not you are taking conventional medical treatment. Strategies we may use include: improve the soil of the body for healthy cells, detoxification of the body, stop cancer growth and support cancer cell death, reduce side-effects of chemotherapy, balance and support the immune system, prevent spreading of the cancer, target specific growth factors and receptor sites with natural medicine to affect the cancer cell growth, etc.

Naturopathic Principles (see below) guide the prescription and methods used to support the person with the cancer. Strategies will always include drugs that you are presently taking to prevent harmful interactions. We require the exact diagnosis and staging to create a realistic prognosis and treatments are prescribed to improve on this outcome.

Naturopathic Oncology and Integrative Oncology include Nutrition (dietetics and food supplements), Vitamins and minerals (orally and intravenously), Homeopathic Medicine, Herbal/ Botanical medicines, Psychology (Mind – Body healing), Acupuncture and Traditional Chinese medicine, Oxidative therapies such as ozone, Ionized oxygen and Vitamin C.

To find a Naturopathic Doctor near you, go to www.OAND.org or call the Ontario Association of Naturopathic Doctors at 416-233-2001. Make the most of what Naturopathic Doctors can offer to improve the outcome of your health.

Naturopathic Medicine is a distinct system of primary healthcare that addresses the root cause of illness or disease and promotes health and healing using natural therapies. (While honoring the wisdom of the body)

- 1. First do no Harm
- 2. The Healing power of Nature
- 3. Identify and Treat the Causes
- 4. Treat the Whole Person
- 5. Disease Prevention and Health Promotion

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